CHILLED COCONUT MILK EGGNOG

PUERTO RICAN - COQUITO

A traditional frothy chilled coconut milk-based holiday drink served in Puerto Rico. Coquito is a combination of rum, coconut milk, sweet condensed coconut milk, egg yolks, vanilla and cinnamon.



INGREDIENTS

- 1 cup coconut milk
- 1½ cups condensed milk (see below for homemade recipe)
- 1 cup white rum (add more if you'd like a heavier drink)
- ½ cup water
- 3 egg yolks
- 1 teaspoon vanilla extract
- ½ teaspoon ground cinnamon
- ½ teaspoon ground nutmeg
- ½ teaspoon salt



Homemade Coconut Condensed Milk (optional, but very tasty)

- 2 cans of coconut milk, condensed (simmered for 2 hours)
- ¼ cup honey

Garnish

- Dry coconut flakes garnish and/or glass rim
- Cinnamon sticks (1 per glass)
- Pinches of ground nutmeg and cinnamon



TOTAL TIME: 15 MINUTES



SERVES: 6 PEOPLE



LEVEL OF DIFFICULTY: SUPER EASY



You can find out more about Puerto Rican cuisine, its history and the Coquito recipe (including more pictu res) by clicking here.



Optional Pre-Preparation: Homemade Condensed Coconut Milk

- 1. Take your can of coconut milk into a small stockpot and bring it over medium heat. Let the coconut milk come to a boil after 4-5 minutes, then reduce the heat to a simmer
- 2. Next, add in your honey and whisk in vigorously into the boiling coconut milk. Whisk for at least a minute to make sure all the honey dissolves into the coconut
- 3. Once well integrated, let your pot simmer uncovered for at least 30 minutes. The liquid should reduce by at least [] and become a more golden color, at which point it's ready to go. If you want to let it reduce for more, that's fine too
- 4. When ready, take your reduced coconut milk off the heat, and proceed to preparing your coquito







Stage 1: Blending Coquito Ingredients

- 1. In a large blender, add in your egg yolks, rum, water, coconut milk, condensed milk and vanilla extract
- 2. On a medium or high setting, blend your ingredients together until they're well
- 3. Next, add in your ground cinnamon, nutmeg and salt, then blend again
- 4. Place your blended coquito into the fridge, and let it sit for at least 10 mins as it cools down







Stage 2: Preparing Glass

- 1. In a large blender, add in your egg yolks, rum, water, coconut milk, condensed milk and vanilla extract
- 2. On a medium or high setting, blend your ingredients together until they're well mixed





